Basic Itinerary

Day 1: Arrive in Nairobi, where you will be met by a team from Adventure Alternative and Moving Mountains Kenya who will remain with you for the entire trip (accommodation in Nairobi will be in our safari tents at a secure camp).

Throughout the morning will be the trip briefing and staff introductions, with an afternoon visit to MM projects in Kibera and a walk around sub-Saharan Africa’s largest slum, guided by Moving Mountains staff that grew up in Kibera. Moving Mountains and Adventure Alternative have been involved with projects in Kibera since 1991 and Ushirika Community Clinic was largely built by Moving Mountains and provides essential medical care and support for a large area of the slum.

Day 2: Morning visits to Giraffe Centre and David Sheldricks Wildlife Trust before transferring to Embu. Our work in Embu focuses on the Rescue Centre for Street Children but we’ve also developed or are in the process of developing a number of schools, including Embu County Primary, Urban Primary and the rural Gatwe Primary School.

In all locations there will be a chance for home visits, it is important to see life in both urban slum communities and isolated rural homes and understand the different challenges that everyone below the poverty line face on a daily basis throughout Kenya. You’ll also witness thriving micro-finance businesses within the slums and areas visited, including the ‘Car Wash’ business that we recently set up in Embu for some of the older street children.

Days 3 & 4: Two full days in Embu where accommodation will be provided at the Embu Scout Centre in mini-dorms

Day 5: Morning transfer to the Blueline Hotel near Naro Moru on the western slopes of Mt Kenya, where we will meet Nyokabi, the owner of the Blueline Hotel. Our work in the Naro Moru region is concentrated on the grounds of Tigithi School where we are building a new Secondary School and have completely re-developed the Primary School. We are also working with the villages and communities of Solio (villages set up for internally displaced persons after their eviction from their homes on the higher slopes of Mt Kenya and the Aberdares) where we have invested in long term developmental projects at all the Primary Schools, water distribution projects and micro-finance businesses (in 2014 we started a partnership with the charity ‘Bees Abroad’ to help the communities of Solio set up bee farms).

Days 6 & 7: Two full days in Naro Moru where accommodation will be provided in dorms at the Blueline Hotel

Day 8: Continue journey from Naro Moru to the shores of Lake Naivasha through the Aberdares mountain range (en-route we’ll stop at the impressive Thomsons Falls for lunch) where we’ll set up camp (accommodation in our safari tents at a secure camp)

Day 9: Early start to reach the Mount Suswa Nature Reserve where we’ll take the truck as far as it will go before walking for about one hour to reach camp. Mt Suswa is a dramatic volcano at the base of the Great Rift Valley Floor and in the afternoon we can explore the area around our camp which is inhabited by the pastoral Masai and plains game such as zebra, giraffe and impala, well away from the traditional tourist trail. Suswa is also recognised as having the world’s most complex braided system of lava tubes,
Masai tribes still practice their traditional way of life and there are great views of both Mt Suswa and Longonot as well as a large part of the Great Rift Valley, all set in a part of the world largely un-touched by tourism and western influences.

**Day 10:** An early morning climb to the summit of Mt Suswa where you can enjoy the sunrise over the Great Rift Valley and look down on to the crater rim. It’s just over one hour to the summit from where you’ll be camping and an African sunrise is well worth the effort. Continue on to Nairobi for evening departures, any extra days need to be arranged and paid in country with Adventure Alternative Kenya.